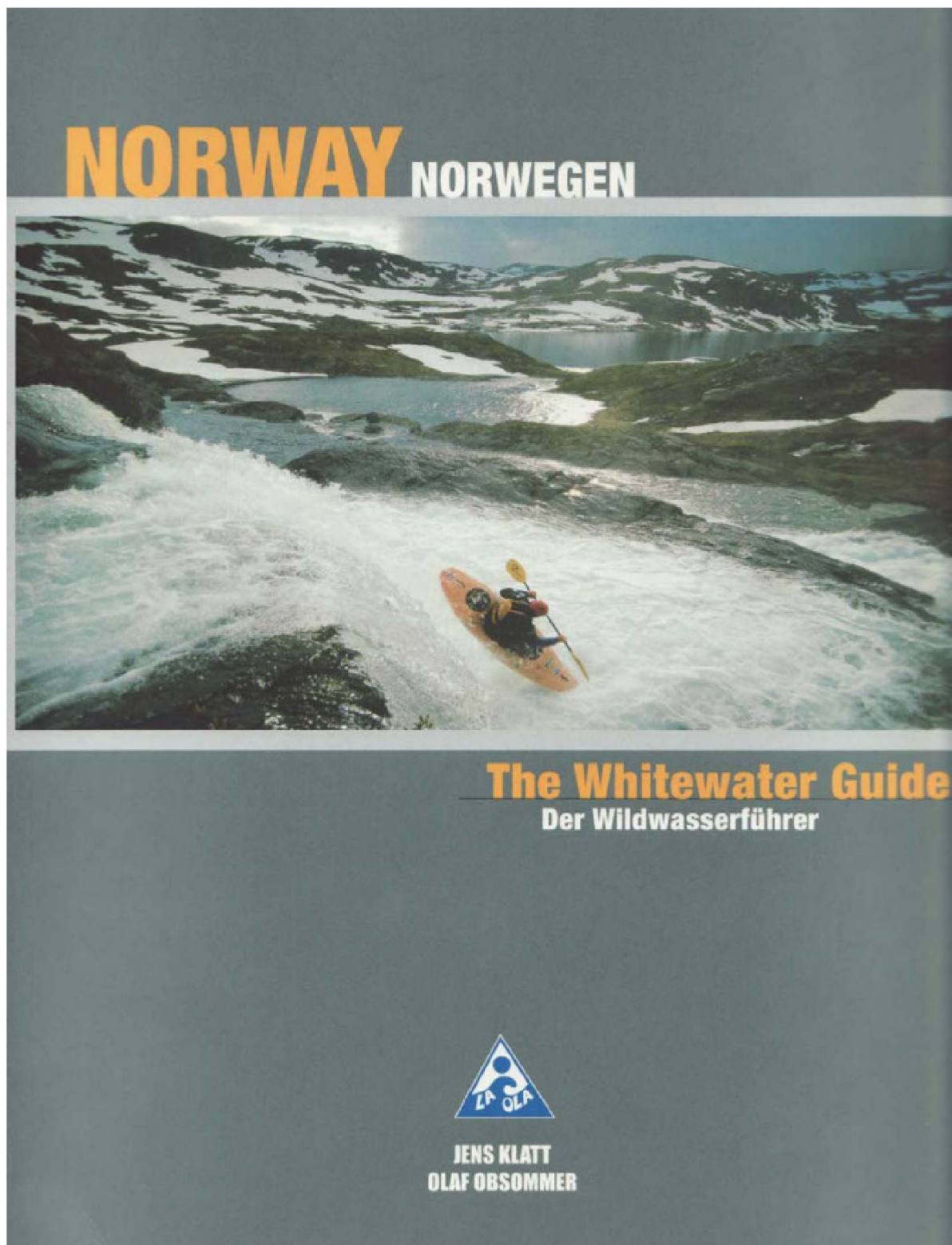


Vedlegg 3 til Høyringsfråsegn om Jølstra kraftverk. Framsida + info om Jølstra i ein internasjonal (tysk) elvepadleguide for Noreg.



JØLSTRA

A classic run with fast WW

CLASS: III – IV+ (V-)

LEVEL: 30 - 60 cumecs

LENGTH: 8 km / 10 km

TIME: 2 - 4 h

SEASON: May – September

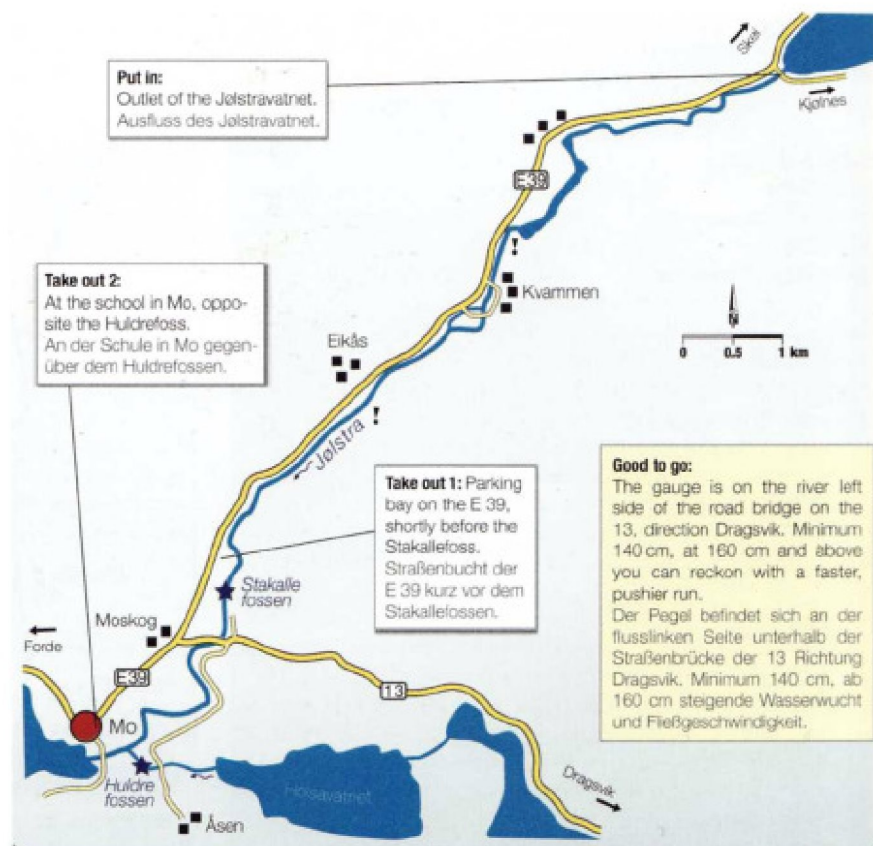
The Jolstra is a must for fun paddlers who like surfing waves and getting vertical in eddy lines. The rapids are up to 300 metres long, and in between there are quiet sections. The difficult sections are almost always possible to scout from the road which runs along the right of the river.

This racey, pushy, slightly blocked run starts in the Jolstravatnet. After about 2.5 kilometres, at Kvammen, you reach a striking left bend. The Jolstra divides here, and in the left channel there is a life threatening towback. If your line is wide enough in the outside of the bend,

you should be on the safe side. The section can be seen from the road, and should be scouted before the run.

The next 5 kilometres catapult you into a parallel Whitewater

dimension, but beware: when the Jolstra then flows away from the road and disappears into the forest, there is a towback which needs to be scouted from the left. The last eddy to scout from is directly in front of the drop. The following 200 metres can be mastered with a big bag of courage and a long neck. If you're not too keen to try your luck, scout beforehand from the right.



The first take out point is at a small parking bay about 150 metres before the Stakallefoss. The Jolstra flows directly beside the road here, the edge of the foss can be seen in the distance. If you've still got extra energy to burn off, you can portage around the Stakallefoss on the left and put into the outlet of the power station. As a reward for your efforts you will be granted three nice, pushy slides which come after the next road bridge (gauge). These can be scouted from the gravel road on river left before you run them. A little later the Huldrefoss crashes into the Jolstra from the left and has proven itself to be a fitting take out point. You can take out on river right at the school opposite the Huldrefoss.

Tip: For those who simply cannot live without a bit of WW V-VI in their day, an attempt at the Stakallefoss can be recommended. For this foss the gauge should be reading at least 180 cm.